

REPORT OF THE EXECUTIVE MEMBER FOR HEALTH & ADULT SOCIAL CARE COUNCILLOR MUSTAFA DESAI

**PORTFOLIO CO-ORDINATING DIRECTORS:
DOMINIC HARRISON (HEALTH)
SAYYED OSMAN (ADULT SOCIAL CARE)
DATE: 25th January 2018**

HEALTH

EAT WELL MOVE MORE SHAPE UP STRATEGY 2017-2020

In November, the Council's Executive Board signed off the plans for a Breastfeeding Friendly Borough. To support the ambition of giving every child in Blackburn with Darwen the Best Start in Life, the Council will be working with the Baby Friendly team at East Lancashire Hospitals Trust to support breastfeeding mums to continue to breastfeed their baby for as long as they wish. The plan will encourage the whole community to support mums to feel confident to breastfeed wherever they want to and to normalise breastfeeding.

To tackle obesity and physical inactivity, the Schools Catering Manager, Public Health Nursing Service and Blackburn Rovers Football Community Trust are supporting the roll out to every primary school of a locally designed school food policy, along with the promotion of the Daily Mile and associated training to support teachers to embed this into the school day.

The partners of the strategy will be supporting the revised Change 4 Life Sugar Smart campaign launched in January 2018 via their social media channels. The campaign encourages parents to be aware of the amount of hidden sugar in food and recommends that children be given a maximum of two 100 calorie snacks per day. This will help to reduce the risk of diabetes, heart disease and some cancers and will also reduce levels of tooth decay.

'TIME TO CHANGE' HUB

Blackburn with Darwen Council and partners Lancashire Mind and One Voice have been named a Time to Change Hub for working together to improve local attitudes and behaviours towards people experiencing mental health problems. The Hub has been created using insights from the national Time to Change campaign, run by Mind and Rethink Mental Illness, combined with knowledge gained from the local community, which will enable more people to take action to challenge stigma and discrimination across the borough.

Local people with lived experience of mental ill-health and who are passionate about changing attitudes in their community will work as champions in the Hub. Partners will work with local people, schools and community groups, and local employers are being encouraged to sign up to the Time to Change Employer Pledge which demonstrates their commitment to changing how we think and act about mental health in the workplace and make sure that employees who are facing these problems feel supported.

NEW PUBLIC HEALTH DASHBOARD

In October, Public Health England (PHE) launched a new local authority public health dashboard, which will support councillors and senior council officers in making decisions on how they prioritise resources across the following range of public health service areas: best possible start in life, child obesity, drug treatment, alcohol treatment, NHS Health Checks, sexual health services and tobacco control.

Compared with 16 similarly deprived local authorities, Blackburn with Darwen has :-

- Three service areas substantially better than average – child obesity, drug treatment, sexual health services
- Three better than average - best possible start in life, alcohol treatment and tobacco control
- One worse than average - NHS Health Checks

ADULT SOCIAL CARE

SHORT TERM BREAKS SERVICE INSPECTION

St Aidan's Short Term Breaks service was rated 'good' following a recent Care Quality Commission (CQC) inspection. The inspector reported that "the home was relaxed, happy and people were smiling and appeared comfortable. Staff were patient and took time to understand people and used various methods to encourage people to express themselves." The report also noted that relatives, care coordinators, keyworkers and appropriate healthcare professionals had been involved in the care planning process.

Relatives were also asked their opinion of the service and responses included, "my relative really looks forward to going to the home and is really safe. We are all reassured by that." "The service is excellent. The manager and their staff are really good and caring." "Staff keep us involved and informed with what's going on and we are encouraged to meet regularly."

SUCCESSFUL CO- LOCATION OF THE LEARNING DISABILITY TEAM WITH LANCASHIRE CARE FOUNDATION TRUST (LCFT)

In October 2016 the Learning Disability Social Work team co-located with the LCFT Community Learning Disability Team within Darwen Resource Centre. The team comprises of local authority Social Workers and Assessment and Reviewing Officers alongside Community Nurses, Support Workers, Psychiatry, Psychology and Speech and Language Therapists from the Community Learning Disability Team.

Reflecting on the first year of co-location, the move has provided service users with a single point of access for health and social care learning disability services which has resulted in a more effective service that can respond faster to crisis situations. Benefits for Social Workers include access to support and guidance from health professionals and up to date health information regarding service users.

LOCALITY INTEGRATED NEIGHBOURHOOD TEAMS

Four locality Integrated Neighbourhood Teams continue to be developed across Blackburn with Darwen, with the Darwen Team now in place. Co-located at Darwen Health Centre is a team of Social Workers, Reablement staff and Independent Living Services representatives with staff sharing office space with colleagues from district nursing, the rapid assessment team, mental health services and the voluntary sector. The West Team office based at Barbara Castle Way Health Centre is due to open in January 2018 and plans are being developed for the North and East Teams.

Weekly meetings are attended by all relevant stakeholders including social workers, reablement, community nursing teams, hospice specialist nurses, mental health teams, therapists, neighbourhoods representatives and community connectors, voluntary sector organisations and Lancashire Fire and Rescue Service.

A Locality & Integration Lead for the Council is now in post to work alongside Lancashire Care Foundation Trust to develop the teams and support the integration.

CRAFT WORKSHOP PROGRAMME AT THE MAKING ROOMS

The Making Rooms in Blackburn has been awarded funding from National Lottery 'Awards for All' to deliver a craft workshop programme for people with a learning disability. The activities will utilise the digital design and fabrication processes at the Making Rooms.

Following consultation with service users, carers and staff at the Stansfeld Centre, a programme of activities was put together to provide personal empowerment, enhance confidence and develop new skills. The 24-week programme consists of a 2-hour workshop once a week. The workshops will cover 6 different craft activities, including wool art, t-shirt printing, pottery, puzzle making, candle making and pixel art collage.

APPLE HOUSE AND BALMORAL HOUSING UPDATE

Apple House and Balmoral housing developments for people with learning disabilities are progressing well with Apple House now complete and new tenants moving in. The 12 one bedroomed flats have all been allocated and the new residents are planning to grow their own vegetables and build garden furniture from recycled materials.

For Balmoral, all 9 flats have been allocated, with many of the new tenants relocating from houses which were becoming unsuitable for their needs, due to declining mobility. The new residents will be developing the garden and have requested a greenhouse and shed.

RIVERSIDE HEIGHTS

The first phase of the housing with care scheme bungalows at Riverside Heights in Darwen will be released during the last week in January. The scheme is for local people aged 50 years and over with an assessed need for care and/or support. All 12 properties have been allocated to people nominated by Social Services and the two bedroomed bungalows have been finished to a high standard.

ALBION MILL

Work will commence soon on the new extra and intermediate care scheme (Albion Mill) which is a joint venture between the local authority and Blackburn with Darwen Clinical Commissioning Group. Plans have been revised following a stakeholder event in August and a ground breaking ceremony will be held in the Spring.