

**HEALTH AND ADULTS
OVERVIEW AND SCRUTINY COMMITTEE
16th October 2017**

PRESENT – Councillors Whittle (Chair), K Foster, Humphry’s, Marrow, Mulla, Oates, Smith and Surve.

Also Present –

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| Dominic Harrison | Director of Public Health |
| Rebekah Mottershead | Governance and Democratic Engagement Manager |

RESOLUTIONS

12. Welcome and apologies

The Chair welcomed everyone to the meeting of the Health and Adults Overview and Scrutiny Committee. Apologies were received from Cllrs McFall, Jacqueline Slater and Julie Slater.

RESOLVED –

That the apologies be noted.

13. Minutes of the meeting held on the 4th September 2017

A detailed discussion took place around the publication and uptake of the flu vaccine since the meeting of the 4th September 2017 with particular reference to the nasal spray for children. It was noted that there had been plenty of progression with the ongoing marketing campaign around the importance of the flu jab and that there were further investigations into the nasal spray being explored.

RESOLVED –

That the Minutes of the meeting held on the 4th September 2017 be agreed as a correct record.

14. Declarations of Interest in items on this Agenda

There were no declarations of interest received.

15. Pennine Lancashire based Prevention Strategy

The Chair welcomed the Director of Public Health to the meeting and invited him to provide the Committee with an overview of the proposals for the Pennine Lancashire Prevention Strategy.

Members received a presentation on the rationale for creating Pennine Lancashire based policies moving forwards and noted that the vision of such

strategies and proposals was for everyone to have a healthy life that was lived for as long as possible in their own home and community; free from disease and free from dependence on health and social care services.

It was reported that there were different approaches to prevention, mainly;

Primary - reducing the incidence of ill health in the population, either through universal measures that reduce lifestyle risks and their causes or by targeting high-risk groups;

Secondary - managing the early stages of ill health to prevent progression e.g. statins to reduce cholesterol or talking therapies to enhance wellbeing;

Tertiary - lessen the impact of a disorder by improving function or quality of life e.g. cardiac rehabilitation after a heart attack or recovery following drug or alcohol addiction.

The Director of Public Health outlined the five key principles to effective prevention. Members discussed these principles in details along with the proposals for the implementation of the Prevention Strategy, and raised questions around funding, availability of GPs, health checks and how place based prevention would work in practice.

Members felt that educating young people was essential to the success of significantly changing the long term health of the country. They commented that targeting children early would give them the ability to understand that a balanced lifestyle was critical to living long term healthy lives, and give them the tools to be able to implement and promote what they have learned at home and throughout their communities until a healthy lifestyle became the norm. The Director of Public Health advised that whilst there was a lot of focus on the elderly and vulnerable, there was still a lot of proposed work with young people in the STP.

The Committee suggested that approaching large employers to encourage them to provide health checks would greatly benefit the community as a whole. It was reported that there were several companies in the borough that already did this, and that this could be further explored moving forwards as reaching as many residents as possible was essential to success. Members also highlighted 'The Shuttle' as a place to advertise the importance of attending health checks regularly.

It was reported that it was proposed that management of the various projects and programmes required to deliver this Frameworks priority objectives was undertaken through the existing Pennine Lancashire LDP Project Office; that accountability and reporting would be triggered by a quarterly meeting of the Pennine Lancashire LDP Partnership Board – either as a special meeting of a 'Prevention Council' or as a routine but additional part of the planned meeting agenda and that any reporting and meetings of the quarterly 'Prevention Council' would be open to all participating agencies and the public.

RESOLVED –

1. That the Director of Public Health be thanked for his attendance and presentation
2. That the Executive Member for Health and Adults and the Director of Public Health look to utilise The Shuttle and other Council marketing tools to maximise advertising and promotion of preventative policies, health screening and healthy living
3. That the Executive Member for Health and Adults collaborates with the Executive Member for Schools and Education to further promote healthy living in schools and educate young people on the ‘Eat Well, Move More, Shape Up’ Strategy’.

16. Committees work programme

The Governance and Democratic Engagement Manager reminded the Committee of the topics they had scoped so far of their work programme for the municipal year.

A discussion took place around the outstanding items with Members agreeing that they felt it would be appropriate to receive a further update on the Sustainability and Transformation Plan with particular reference to the Local Development Plan. It was agreed that representatives from the Clinical Commissioning Group and the Directors of Public Health and Health and Adult Social Care together with the Executive Member for Adults be invited to the December meeting to provide Members with further information of the transformation plans for Blackburn with Darwen.

RESOLVED –

That the Committee’s Work Programme for the 2017/18 Municipal Year be noted.

Signed.....

Chair of the meeting at which the Minutes were signed

Date.....