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Health and Adult Social Care Overview and Scrutiny Committee.

Monday, 5th June, 2023

6.00 pm

Meeting Room A

Blackburn Town Hall

AGENDA

1. **Welcome and Apologies**
2. **Minutes of the last meeting**
27th March 2023 **2 - 4**
3. **Declarations of Interest**
DECLARATIONS OF INTEREST FORM **5**
4. **Report back from the Executive Member for Public Health, Prevention & Wellbeing in response to the recommendations of the re:refresh Task Group**
Leisure Refresh Scrutiny Report May 23 V2 **6 - 10**
5. **Draft Safeguarding Adults Business Plan**
BWD SAB HG **11 - 15**
6. **Work Programme 2023/24**
The Committee will receive information from the Executive Members for Adult Social Care & Health and Public Health, Prevention & Wellbeing on their priorities and objectives for 2023/24, which will assist the Committee in agreeing its Work Programme for 2023/24.

Date Published: 25th May 2023
Denise Park, Chief Executive

HEALTH AND SOCIAL CARE OVERVIEW AND SCRUTINY COMMITTEE

27TH MARCH 2023.

Present- Councillor J. Slater, in the Chair, Councillors Harling, Hardman, Smith and Whittingham.

Also Present- Councillor Desai, Executive Member, Mark Warren, Strategic Director, Paul Conlon, Democratic Services

1. Welcome and Apologies

The chair welcomed those present to the meeting.

2. Minutes of the Meeting held on 21st November 2022.

The minutes of the meeting held on 21st November were submitted.

RESOLVED- that the minutes of the meeting held on 21st November 2022 be approved as a correct record and signed by the chair.

3. Declarations of Interest

There were no declarations of interest made at the meeting.

4. Safeguarding Review

The Committee received a report and presentation from the Strategic Director of Adults and Health on the review of the Adult Safeguarding arrangements. The Strategic Director had a strategic responsibility on behalf of the Local Authority to ensure Safeguarding board is in place and able to implement the requirements of the Care Act 2014.

The arrangements in place within the borough had been reviewed to evaluate the effectiveness of the Pan Lancashire approach and the effectiveness of the local board. The Local Government Association in association with the Association of Directors of Social Services had been asked to organise an independent Consultant to undertake the review. The Committee were informed of the methodology of the review and the information that had been provided to the consultant and how the access to the website had been available.

The Strategic Director had received recommendations and comments as a result of the five day review. The recommendations were in light of the fact that the Lancashire Safeguarding Adults Executive Board had been stood down and statutory responsibility passed to the local place based safeguarding adult's boards. The Committee were informed that Blackburn with Darwen had appointed Dr Henri Giller as its independent chair. The new board would offer robust oversight of safeguarding work in the borough and the Local Accountability Board will offer the scrutiny to ensure the work is focused on what matters within the borough. The local SAB will set up the

governance to enable the panels to be created and served. The Committee were informed that the board would meet twice a year, chaired by the Leader of the Council and attended by senior stakeholder's representatives.

The Committee considered the further recommendations from the review which will be implemented. The review concluded that there is a strong commitments to safeguarding and addressing areas for strengthening the accountability and scrutiny which was highlighted as part of the review.

Members noted that the annual report on Safeguarding Adults would be submitted to the Committee who could gain an overview of the issues facing the borough and scrutinise the work that was being undertaken in the borough.

RESOLVED- 1. That the report be noted.
2. That the Committee approve the revised Adult Safeguarding Arrangements for the borough and the appointment of the independent chair of the Accountability Board.

5. Blackburn with Darwen Safeguarding Adult Board.

The Committee received the annual report of the Safeguarding Board for 2021/22. The report highlighted the work that board and the outcomes that had been achieved over the twelve month period within the context of a health and care system prioritising their response to covid, protecting the most vulnerable adults in the community and supporting providers to offer good care in challenging conditions.

The Committee were informed that as a system the board had continued to ensure that people were safeguarded from abuse and that they continue to learn from the analysis of data that were outlined in the report. The report highlighted that were more allegations relating to acts of neglect and omission. The board were looking to build on the work undertaken during the year to strengthen our safeguarding governance at a local level and to continue to ensure that multi-agency partnerships were strong, effective and most importantly accountable to local people. Members looked at the statistical analysis of the safeguarding activity and how these were collected. The work to update the system used to collect data was outlined and that this had been approved by the Executive Board at a recent meeting.

The Committee noted the Boards highlighted priorities for the next year and how these would be delivered.

RESOLVED- that the annual report of the board be noted and progress on the priorities be reported to the Committee during the new municipal year.

6. Assurance Preparation Awareness Challenge.

The Committee received a presentation from the Strategic Director for Adult Social Care on the assurance preparedness challenge day held on 6th March 2023. The day had been delivered virtually. The Challenge Team had recognised and commended the Blackburn with Darwen team for their organisation, positive engagement and openness throughout the process.

The review had 4 main themes which were

- Theme 1: working with People (assessing needs)
- Theme 2: providing Support (care Provision, Integration and continuity)
- Theme 3: Ensuring Safety (safeguarding), and,
- Theme 4 Leadership (Learning, Improving & Innovation).

Members asked a number of questions relating to the Digital Inclusion Strategy and how people access services, the time line for the review of services and reconfigurations necessary to meet the challenges, the level of discharges from hospital and the comparisons with other areas.

RESOLVED- that the Committee welcome the findings and response to the Assurance Challenge and be kept informed of progress on the issues raised.

7. Quality Care Homes in the Borough

The Committee looked at the issue of Quality Care Homes in the Borough. The Strategic Director updated members on the work that was ongoing in the borough to seek to improve and maintain quality care homes. He outlined how an improvement had been achieved in the homes and how this would continue. At present 58% of homes were now quality assured and this figure would rise with the work that is ongoing.

RESOLVED- That the update on care homes and quality be received and the Committee be kept updated on progress in the sector and how we continue to work to ensure delivery of quality homes.

8. Progress of the Task Group looking at Leisure Centre Usage and re:refresh.

The Committee were updated on the work of members on the re:refresh task group. The group had made recommendations and the Executive Member had agreed to attend the next meeting of the Committee to address these recommendations.

RESOLVED- that the progress be noted and the Executive Members undertaking to attend the next meeting be noted.

Chair at the meeting where the minutes were agreed.....

Date.....



TO: Health & Social Care Overview and Scrutiny Committee

FROM: Director of Adults and Health

DATE: 5th June 2023

PORTFOLIOS AFFECTED: All

WARDS AFFECTED: All

TITLE OF REPORT: Leisure services and re:refresh update

1. PURPOSE

1.1 To respond to recommendations made by the Committee on 21st November 2022 and provide an update in relation to development of the re:refresh leisure programme.

2. RECOMMENDATIONS

2.1 The Committee is recommended to:-

a) Note this update report

3. BACKGROUND

3.1 On 1st November 2022, officers from Commercial Services, Neighbourhoods, Wellbeing and Prevention, and Public Health were asked to attend a one off Task and Finish Group to brief members of the Scrutiny Committee about the provision of leisure services, leisure centre usage and the re:refresh leisure programme.

3.2 The group discussed a range of issues including:

- The scope of the re:refresh offer and who it was targeted to benefit
- The current offer and how this has developed historically
- The funding for the initiative both historically, now and in the near future.
- How users access the programme
- Booking arrangements for sessions
- Availability issues
- How leisure centres were dealing with the issues caused by the economic situation
- How leisure centres sought to attract people to centres and the methods used.

3.3 Following a discussion at the subsequent Scrutiny Committee meeting on the 21st November, the following recommendations were made:

- That the Executive Member be requested to report to a future meeting of the Committee on how the changes in the future funding for re:refresh will be managed, how this will impact on service provision and the impact on Leisure Centres.

- That the Executive Member be requested to look at how accessibility to the Re: fresh programme is managed with particular regard to issues relating to digital bookings which may exclude some sections of the community.
- That the Executive Member be requested to report back to the Committee on how reductions of funding will impact on the health of the borough and how the work on going in partnerships that could help mitigate this.

3.4 The following 'Key Issues' section of this report provides an update in relation to each of these recommendations.

Current leisure and re:fresh offer

3.5 Blackburn with Darwen Council provide a range of leisure services and offers, which are delivered across council owned leisure facilities and other community centres and spaces. These provide a range of opportunities for sports, leisure and physical activity for local residents. These services are delivered and funded by a combination of council departments across Commercial Services, Neighbourhoods, Wellbeing and Prevention and Public Health.

3.6 Access to these services ranges from traditional paid gym memberships for Leisure Centres and the re:fresh programme. re:fresh incorporates a programme of activities designed to encourage residents to be more physically active, to eat healthily and look after their mental health. A key element of re:fresh is the provision of low-cost (£1) exercise sessions within Council leisure centres. This includes designated swimming pool and gym sessions for adults who live, work, have a GP or are in full-time education in BwD.

3.7 Further sessions also branded under re:fresh include community based activities requiring a referral from a health professional (e.g. exercise referral, weight management and falls prevention) and others which target specific population groups (e.g. ante/post-natal and learning disabilities). A diagram setting out the **re:fresh only** elements of the Council's leisure provision is below.

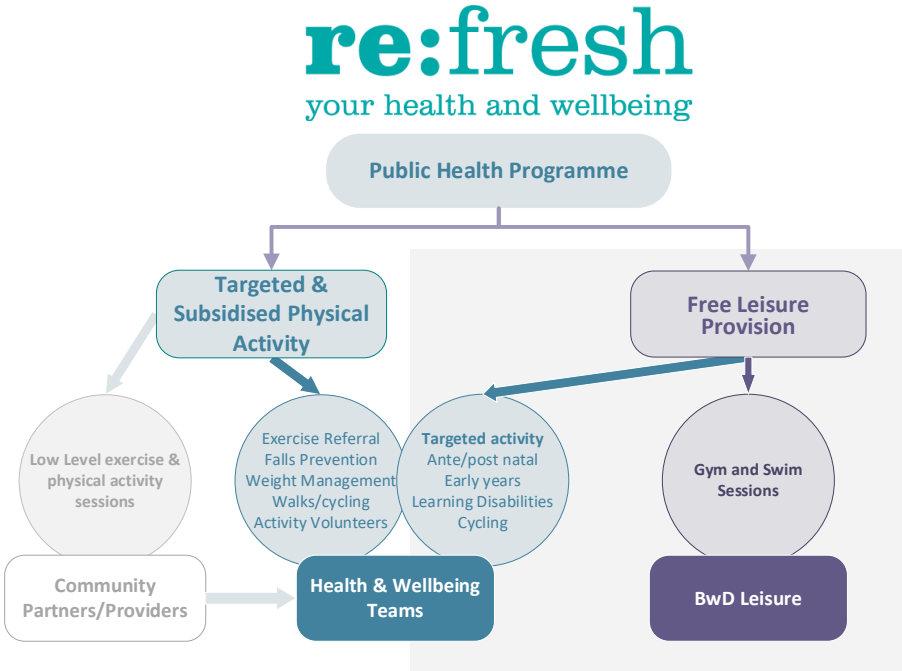
3.8 The re:fresh programme is funded through the public health grant, with pool and gym space within leisure centres provided as an 'in kind' contribution. Following the pandemic, there was a significant reduction in attendance at leisure centres and evidence of a drop in physical activity by residents more generally. In response an additional one-off contribution of £265,000 was provided to enable the re:fresh programme in leisure centres to be delivered for free during the 2022/23 financial year. A weekly programme of 101 hours of free swimming and gym sessions, and heavily subsidised targeted activity sessions has been implemented. This yielded 16,650 re:fresh attendances up to the end of December 2022 (estimated as 22,205 up to the end of the 2022/23 financial year).

4. KEY ISSUES

Changes to future re:fresh funding, impact on service provision and Leisure Centres

4.1 A new timetable for the re:fresh Leisure programme has now been developed for 2023/24 which includes an increased number of sessions, now 110 hours. The additional sessions include several child and family swimming sessions.

Figure 1: re:refresh programme



4.2 Whilst the previous £1 charge for adult gym and swim re:refresh sessions will be reintroduced, swimming will continue to be free for children aged between 1 – 16 years where they are accompanied by a parent or guardian who is eligible for re:refresh.

4.3 In addition to this, a sustained campaign with membership reductions has been ongoing to encourage more leisure centre members to join on a more long term basis. A year on year comparison of the membership base showed an increase of 30% across the three leisure centre sites at February 2023, in comparison to February 2022. This includes all members who pay by direct debit or pay a one-off yearly fee. This has helped to support the recovery of the service post-pandemic and mitigate against the significant rises in energy costs required to run the leisure centres. High energy costs are likely to continue into the 23/24 financial year.

Accessibility of re:refresh and digital exclusion

4.4 In order to promote the new re:refresh programme a six week communications campaign has been developed and an official launch will take place in mid-June. This will enable systems and staff to be ready to accommodate the new programme and become familiar with the changes.

4.5 Appropriate assets for promotion of the new programme have been developed including promotion on bus stops and digital display boards. Hard copy leaflets have been produced which will be distributed across the borough including in community centres and other venues. Communications materials have also been redesigned to encourage attendance by underrepresented groups and include images which are representative of the borough’s diverse communities.

Impact on health and partnership working

4.6 Officer from across Commercial Services, Neighbourhoods, Wellbeing and Prevention and Public Health continue to meet on a regular basis to monitor

membership and attendance at both paid and re:refresh programmes. This includes information on attendance by age, gender and postcode by deprivation, to ensure that the programme is meeting the needs of local residents.

- 4.7 To date these meetings have prompted the above changes to the re:refresh programme for 2023/24 and have also helped to identify further gaps in provision across the borough. For example, further free community-based sessions have been introduced targeting specific population groups which are known to undertake less physical activity than recommended. This includes those living with poor mental and physical health, older adults, vulnerable women and girls, people with learning disabilities and autism, and ethnic minority groups. These sessions have been delivered in partnership with community organisations at a variety of times and in venues that aim to reduce barriers to participation. The activities have included women's walking football, wheelchair basketball and other sports, seated exercise, walking groups, zumba and yoga. Over 300 hours of sessions have been delivered, with more than 500 members of the public attending over a 9 month period, more than 400 are regularly attendees. The sessions have been funded through the Public Health grant, which has recently been continued for 2023/24.
- 4.8 Regular updates on the above programmes will continue to be provided and discussed with the Executive Member at the Public Health, Wellbeing and Prevention SPT meetings.

5. POLICY IMPLICATIONS

- 5.1 There are no policy implications arising directly from this report.

6. FINANCIAL IMPLICATIONS

- 6.1 In 2023/24 the re:refresh leisure (and communities) programme will continue to be funded via contributions from the Public Health grant and costs in kind through the Leisure budget.

7. LEGAL IMPLICATIONS

- 7.1 There are no legal implications arising directly from the contents of this report.

8. RESOURCE IMPLICATIONS

- 8.1 There are no other resources implications arising from the contents of this report.

9. EQUALITY AND HEALTH IMPLICATIONS

- 9.1 There are no equality and health implications arising from the contents of this report.

10. CONSULTATIONS

- 10.1 None arising from the contents of this report.

11. STATEMENT OF COMPLIANCE

- 11.1 The recommendation in this report are made further to advice from the Monitoring Officer.

VERSION:	1
CONTACT OFFICER:	Paul Taylor, Head of Commercial Services Richard Brown, Head of Neighbourhoods, Wellbeing & Prevention Cath Taylor, Consultant in Public Health
DATE:	25 th May 2023
BACKGROUND PAPERS:	



Blackburn with Darwen Safeguarding Adult Board

Vision Statement for the Blackburn with Darwen Safeguarding Adult Board

“Our vision is for Blackburn with Darwen to be a place where safeguarding adults is everyone’s business and where people are supported in their right to live safe, independent and healthy lives.”

Where safeguarding partners:

- Do not tolerate abuse and neglect
- Ensure that the public feel confident that adults are protected
- Respect the views of service users, including their right to take risks
- Work preventatively by early identification of safeguarding issues
- Deliver excellent safeguarding practice through a culture of learning.
- Share information on safeguarding issues in a timely manner.

Statutory Duties

The Board has three statutory duties:

- Produce a strategic plan setting out the changes the Board wants to achieve and how organisations will work together
- Publish an annual report setting out the safeguarding concerns it has dealt with in the last year as well as plans to help keep people safe
- Undertake a Safeguarding Adult Review where it believes someone with needs for care and support has died or experienced serious harm as a result of abuse or neglect

Our Principles

Safeguarding principles will underpin the delivery of the three-year strategy and annual business plan and will be used as the basis to monitor the quality and impact of the multi-agency actions of the Board

- Empowerment: People are supported and encouraged to make their own decisions and provide informed consent
- Prevention: It is better to take action before harm occurs
- Proportionality: The least intrusive response is used to match the presenting risk
- Protection: Support and representation for those in greatest need
- Partnership: Local solutions developed through services working with their communities who have a part to play in preventing, detecting, and reporting neglect and abuse
- Accountability: Accountability and transparency in delivering safeguarding



Blackburn with Darwen Safeguarding Adults Board Strategic Aims 2023-2026

The following sets out the Board's high-level objectives for the three-year lifespan of this strategy. The "what we will do" actions reflect priorities identified by Board members in the development session held in April 2023

Strategic Aims

1. Providing leadership in safeguarding

- The Safeguarding Board will champion adult safeguarding in BwD with clear priorities, strategies and functions identified and communicated to local communities.
- Partnership safeguarding data will be used to understand trends in safeguarding demand and direct partners' responses to them.
- Ensure a system of accountability is in place to hold the Board to account for developing and implementing its Business Plan objectives

2. Prevention and early intervention

- Work with local communities to raise awareness of safeguarding issues and empower people to report their concerns.
- Develop a skilled local workforce that are confident and pro-active in the application of safeguarding legislation and strength-based approaches to prevention and intervention of safeguarding need.

3. Listening, learning, acting, and embedding

- Listening to people's lived experiences and translate these into multi-agency solutions to prevent or minimise the impact of safeguarding incidents.
- Deliver continuous improvement in safeguarding activity through quality assurance processes aligned to the outturn from local safeguarding data, the recommendations in local SARs and the requirements of legislation and regulatory guidance.

4. Delivering safeguarding excellence

- Ensure that the policies and strategies of the BwD Adult Safeguarding Board are translated into the operational practice of partners and produce positive outcomes for local people.
- Board members are confident in challenging current practices and hold partners to account.
- Ensuring that the Board's activity connects to the emerging Children's Partnership agenda and the work of the Domestic Abuse Partnership

5. Information is effectively shared within the safeguarding partnership



- An information sharing protocol is in place, signed up to by partners, that effectively facilitates the sharing of relevant safeguarding information.
- A local safeguarding data set is in place, with contributions from across the partnership, which is regularly used to evaluate the performance of the local safeguarding system.

6. The public feel confident that people are protected

- The BwD Adult Safeguarding Board effectively communicates its role and priorities to local communities.
- The lessons from the lived experience of residents and the results from co-production initiatives can be seen in local safeguarding service developments.

Strategic Priorities for the Blackburn with Darwen Safeguarding Adult Board over the period 2023-2024

The following sets out the Board's priorities for the delivery of its strategic aims for the business year 2023-2024.

Strategic Priorities

1. Providing leadership in safeguarding

- The BwD Adult Safeguarding Board arrangements and business plan for 2023-24 is published and communicated to local communities
- Specification of the Partnership safeguarding data base, with contributions from across the partnership identified, concluded. Database used to evaluate the Safeguarding Board's readiness for a CQC inspection by _____. Database to be fully implemented and operationalised by _____.

2. Prevention and early intervention

- Communication strategy to enable work with local communities to raise awareness of safeguarding issues and empower people to report their concerns developed by _____.
- Local safeguarding workforce development strategy completed by _____.

3. Listening, learning, acting, and embedding

- Convene a user/carer forum for the capture of peoples lived experience by _____.
- Quality assurance strategy finalised and priorities for QA activity for 23-24 identified by _____.



4. Delivering safeguarding excellence

- Confirm the policies and strategies of the BwD Adult Safeguarding Board by _____.
- Prioritise topics for partner compliance/assurance evaluation by _____.
- Create a local Business Support Unit to support the Adults safeguarding Board, Childrens Partnership and Domestic Abuse Partnership

5. Information is effectively shared within the safeguarding partnership

- Information sharing protocol is in place, signed up to by partners by _____.
- An exemplar initiative on the use of performance data to inform a quality assurance process to be concluded by _____.

6. The public feel confident that people are protected

- The BwD Adult Safeguarding Board communication strategy to be in place by _____.
- A co-production initiative identified and initiated by _____.
- That there is a clear connection to other strategies including the work of the Domestic Abuse Board and the Childrens Safeguarding Partnership

Sub-group Options

The workshop provided an opportunity to discuss the future “shape” of sub-groups to the SAB and the possibility of alternative methods of progressing Board initiatives (eg task and finish groups). Sub-groups were acknowledged to be (human) resource intensive, however given the significance or priority of the issue under consideration they may be necessary. When an issue or development has been addressed it is important that the subject matter becomes “business as usual” (BAU) and is integrated into core SAB business processes.

With respect to the current pan-Lancashire sub-groups, the following seemed to be the preponderant view for taking things forward:

- Complex safeguarding: move into a BwD sub-group (and consider linkage with children)
- Self-neglect: move into a BwD task and finish group to localise procedures and close into BAU
- MCA/DoLS: close and move to BAU with the option for a local task and finish group once the timescale and guidance on pausing LPS is confirmed
- SARs: consideration to be given to a pan-Lancs role for commissioning and the collation of thematic analysis but a place-based sub-group for developing, implementing and evaluating delivery action plans
- Workforce learning and development: move into a BwD sub-group (and consider linkage with children)
- Voice/MSP: re-brand as communications and PR and move to a BwD sub-group
- Policy Group - audit of compliance to existing Pan Lancs policy

Additional BwD groups may be required in respect of:

- Performance, quality assurance and scrutiny
- Policy and procedures
- Safeguarding champions group to engage with staff groups in partner organisations
- Prevention and early intervention

DRAFT