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## Prevention Concordat for Better Mental Health: Commitment level

### Information required from signatories to the Consensus Statement

We are delighted that you are interested in becoming a signatory to the [Prevention Concordat for Better Mental Health Consensus Statement](#). You will be joining a number of organisations who have committed to working together to prevent mental health problems and promote good mental health through local and national action.

### The Prevention Concordat Commitment level registration process

**Step 1.** Complete a first draft of your Prevention Concordat Commitment action plan using the template below and send it to [publicmentalhealth@phe.gov.uk](mailto:publicmentalhealth@phe.gov.uk).

*(Attach any supporting documents that you may want to share)*

**Step 2.** Your PHE regional lead will contact you to arrange an informal conversation and give feedback on your proposed plan.

**Step 3.** Make any changes to your action plan based on feedback.

**Step 4:** Once your application is complete you will need to obtain the signature of your most senior leader or Chief Executive Officer for formal approval of your plan.

**Step 5.** E-mail your final submission to [publicmentalhealth@phe.gov.uk](mailto:publicmentalhealth@phe.gov.uk)

**Step 6.** The national Public Mental Health team will review your application and will be in touch with the result within 2-4 weeks of the submission date.

**Step 7:** Following this, the national team will dispatch a certificate to the lead contact for your organisation.

**Step 8:** The national team will follow up progress after 12 months. New aspects of the programme to provide support and progression for existing signatories will be developed in 2021.



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## Section 1 - Registration form

*Please note: If you are signing up on behalf of a partnership, e.g. health and wellbeing board, integrated care system, sustainability and transformation partnership or another type of partnership, please provide name, email, telephone number and job title of all the lead officers. Add additional columns as needed.*

<b>Lead contact name</b>	Mohammed Khan
<b>Lead contact details</b>	Email: mohammed.khan@blackburn.gov.uk Telephone number: 01254 585222
<b>Job title of lead officer</b>	Leader of the Council
<b>Name of organisation / partnership.</b>	Health and Wellbeing Board
<b>Local authority/region</b>	Blackburn with Darwen Borough Council
<b>Post code</b>	BB1 7DY
<b>Weblink</b>	<a href="#">Blackburn with Darwen Borough Council</a>
<b>Twitter handle</b>	@blackburndarwen @BWDPH
<b>Organisation or Partnership</b>	Health and Wellbeing Board
<b>Please tell us more about your organisation's work</b> (no more than 150 words)  <a href="#">Blackburn with Darwen Joint Health and Wellbeing Strategy 2018-21</a>	<p>Blackburn with Darwen has a history of successful partnership and integrated working to improve health and wellbeing.</p> <p>The Health and Wellbeing Board is made up of Councillors, Clinical Commissioning Group (CCG) members, Council Chief Officers, Healthwatch representatives along with delegates from the voluntary and community sector. The Board became a statutory group in April 2013.</p> <p>The Board has a duty to oversee and ensure the delivery of local health outcomes and drive service integration across the NHS, local government and non-NHS sectors and to ensure continued integration of all public services to achieve this.</p>

For further information please contact [publicmentalhealth@phe.gov.uk](mailto:publicmentalhealth@phe.gov.uk)



	<p>The aims of the Board are:</p> <ul style="list-style-type: none"> <li>• to provide local accountability for improved health and wellbeing and health equity outcomes for the communities of Blackburn with Darwen</li> <li>• to promote integration and partnership working between the NHS, social care, public health and other local services</li> <li>• to improve local democratic accountability</li> </ul>
<b>Please list any partners you are working with</b>	<b>Please give a lead contact name and email for each member of the partnership</b>
Spring North	Angela.allen@springnorth.org.uk
BwD Healthy Living	D.Ali@bwdhl.org.uk
East Lancashire Hospital Trust	Tony.Mcdonald@elht.nhs.uk
HealthWatch BwD	sarahjohns@healthwatchbwd.co.uk
Age UK BwD	Vicky.shepherd@ageukbwd.org.uk
Cllr for BwD Council	Damian.Talbot@blackburn.gov.uk
Director of Public Health for BwD Council	Dominic.Harrison@blackburn.gov.uk
Strategic Director of Children's and Education Services for BwD Council	Jayne.Ivory@Blackburn.gov.uk
Cllr for BwD Council	John.Slater@blackburn.gov.uk
BwD Healthy Living	J.Davidson@bwdhl.org.uk
Strategic Director of Adult Services for BwD Council	Sayyed.Osman@Blackburn.gov.uk
Age UK BwD	Tara.poole@ageukbwd.org.uk
East Lancashire Hospital Trust	Martin.Hodgson@elht.nhs.uk
Blackburn with Darwen CCG	Graham.burgess1@nhs.net
Cllr for BwD Council	Mustafa.Desai@blackburn.gov.uk
Leader of BwD Council	Mohammed.khan@blackburn.gov.uk
Cllr for BwD Council	Julie.Gunn@blackburn.gov.uk



## Section 2 – Action Plan

The Prevention Concordat for Better Mental Health is based on [the five-domain framework for local action](#). Please describe what you are planning to commit to in the **next 12 months** for your organisation/area using the form below. Please take into account the mental health impacts of COVID-19 when completing this action plan.

*(See the question prompts to support completion of this section).*

<b>Background Information</b>	<p>Blackburn with Darwen residents have suffered the highest proportion of Covid cases in the UK. BwD has had long periods of local and national restrictions, so the impact on the mental wellbeing of residents and the workforce is well recognised.</p> <p>Even before covid, the estimated Blackburn with Darwen prevalence for common mental health disorders was high, in both the over 65 age group (12% compared to 10.2% nationally) and 16 and over population (19.9% compared to 16.9% nationally). Common mental disorders include depression and anxiety (<a href="#">Public Health Outcomes Framework - PHE</a>)</p> <p>In terms of deprivation the Department for Communities and Local Government published <a href="#">Index of Multiple Deprivation</a> indicates that some area of Blackburn are in the top 10% most deprived in England.</p> <p>Blackburn with Darwen is a relatively deprived borough, and the health of people in the borough lags behind the England average on a range of indicators. Life expectancy rates for the borough remain below national levels. <a href="#">Public-health-annual-report-2018-19-1.2.pdf (blackburn.gov.uk)</a></p>
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Domain	Proposed actions	Lead	Timeframe
<p><b>1. Understanding local need and assets</b></p> <p><b>Prompts</b></p> <ul style="list-style-type: none"> <li>▪ <i>Are you undertaking or are you planning a mental health needs assessment that takes prevention of mental-ill health and promotion of wellbeing into account?</i></li> <li>▪ <i>How will you collect and analyse quantitative and</i></li> </ul>	<p><b>Mental Health and Inequalities Framework</b></p> <p> Mental Wellbeing and Inequalities Fram</p> <p>BwD Public Health Team have developed a Wellbeing and Inequalities Framework to inform policy. The aim of the Wellbeing and Inequalities Framework is to address inequalities by providing a guide for policy makers and council workers to ensure equity of services and resources to reach an equal 'high standard' outcome for all residents.</p> <p>The framework will highlight the prevalence of the characteristics of the people with the lowest levels of mental wellbeing in BWD based on national evidence, (<a href="https://whatworkswellbeing.org/">https://whatworkswellbeing.org/</a>) and will consider protective characteristics. We will also consider the compounding impact of Covid19 on these different groups.</p> <p>Our framework is about to go to our Health and Wellbeing Board and our actions will be to develop an implementation plan, to ensure the framework is embedded within all partnership organisations. We would like offer the opportunity for local organisations /or departments within the council to work through the framework, in order to ensure that the framework is intuitive.</p>	<p>PH Specialist working on Mental Health and Suicide Prevention (not in post currently) and Frances Riley, PH Development Manager</p>	<p>June 2022</p>



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<p><i>qualitative data?</i></p> <ul style="list-style-type: none"> <li>How will you engage with local communities to map assets which can protect and promote mental health and wellbeing?</li> <li>How will (or does) your needs assessment take account of Covid19's disproportionate impact on</li> </ul>	<p><b>Residents Survey</b></p> <p>Over the Summer 2021, data has been collected for the “Beyond Imagination Life Survey” from 1,500 Blackburn with Darwen residents. Questions within the survey include the ONS4 and WEMWEBS. A copy of the survey questions can be found below. We will use this data, as a mental health need assessment of BwD and will develop an action plan, based on the needs of our local community. An analysis of the results will be taken to the Council Health Wellbeing Sub-groups, community groups. We will engage with local communities to share the analysis of the</p> <p style="text-align: right;"> 2130 MUQ v5 260521_FINAL QUESTI</p>	PH Specialist working on Mental Health and Suicide Prevention (not in post currently) and Frances Riley, PH Development Manager	September 2022
	<p><b>ARC Data Internship</b></p> <p>A member of the Council's Public Health Team will be undertaking a Data Internship with Applied Research Collaboration NW Coast. The internship will use data collected through the Residents Survey, and analyse it through a wellbeing lens to inform the Wellbeing and Inequalities framework and future strategy.</p>	Frances Riley	December 2022



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<p><b>different groups?</b></p> <ul style="list-style-type: none"> <li> <p>The project would be to actually test the wellbeing evidence against the self-reported wellbeing of the residents of Blackburn with Darwen. What does the evidence tell us that wellbeing looks like and what does it look like to residents in BwD?</p> <p>There is an interest also in the relationship between mental health / wellbeing and demographic / other variables in the survey. To look at questions around what is driving / correlates with the lower or higher levels of wellbeing in the borough and potentially, how this relates to intelligence from the larger scale national surveys.</p> <p> Data Internship Project Proposal embedded: Project Proposal.docx</p> </li> </ul>			
	<p><b>BMH Grant</b></p> <p>PH team at BwD have 3 projects through the BMH Grant. Each project has been chosen to meet the mental health needs of a particular target group. The Better Mental Health Grants looks at those disproportionately affected by Covid. A proportion of the funds awarded, is to pay for an evaluation of the projects.</p> <p>The evaluation will consider whether the mental health needs of the target group (12 – 34 yrs olds) are being met by the projects, whether the projects can be rolled out at scale and whether the projects are acceptable to participants. The completed evaluation will provide us with real direction and shape future delivery of public health mental health services.</p>	<p>PH Specialist working on Mental Health and Suicide Prevention (not in post currently) and Frances Riley, PH Development Manager</p>	<p>July 2022</p>



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	<p>The evaluation is to be completed by the end of June for submission to OHID.</p> <p style="text-align: center;"> Blackburn with Darwen EOI - PHE Pre</p> <p>Expression of Interested embedded:</p>		
	<p><b>Older People</b></p> <p>National and local engagement and research by Age UK tells us that the most significant impacts on older people from Covid are <i>'Disconnection from social circles/ community - loneliness and isolation, fear and anxiety.'</i></p> <p>Loneliness is prevalent in Lancashire – for example BwD Local Authority is ranked 39<sup>th</sup> out of all LA, with an estimated 2127 people over 65 who are lonely.</p> <p>Loneliness increases risk of death by 26% Loneliness puts individuals at greater risk of cognitive decline and dementia Lonely individuals are more prone to depression Loneliness and low social interaction are predictive of suicide in older age Loneliness and isolation are associated with poorer cognitive function among older adults <a href="#">(Risk to health   Campaign to End Loneliness)</a></p> <p>In BwD we need to understand the uptake of our mental wellbeing offer by older people and break down any barriers they face trying to access these services. We need to embed positive mental health and wellbeing messages into support services that older people will</p>	<p>Age Well Lead for Public Health Team (Beth Wolfenden and Frances Riley)</p>	<p>September 2022</p>



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	<p>generally access, to ensure we are getting those messages across. Identifying these services and the points of life at which they are accessed, will be crucial. Eg. When finishing work, giving up driving, diagnosis of a physical health condition. We need to increase awareness with delivery partners so that they can tailor their sessions to meet the needs of older people.</p>		
	<p><b>Help Hub Data</b></p> <p>The Help Hub (all ages) continues to provide support for those needing help with finance, benefits and debt management, mental health support, wellbeing and loneliness, learning, training and employment, getting online and using technology access to food and essentials. This is a partnership between the Council, Age UK, Blackburn Foodbank, Carers Service, Care Network, CANW, Refresh, Lancashire Women, Pharmacies and Shelter.</p> <p>We will use data from the Help Hub to identify and target activities to at risk and socioeconomically deprived groups including ethnic communities. We will identify and target individuals and families via a population health management approach.</p>	<p>Michelle Rutherford, from BwD Neighbourhoods, Wellbeing and Prevention service and Frances Riley, PH Development Manager</p>	<p>December 2022</p>
	<p><b>Community Champions</b></p> <p>Covid Community Champions recruited from diverse communities to work with their communities takes into account Covid19's disproportionate impact on different groups.</p>	<p>Muddassir Shah from BwD Neighbourhoods, Wellbeing and Prevention service and Frances Riley,</p>	<p>September 2022</p>



	<p>We will work with the Covid Champions, to provide them with information and mental health and suicide prevention training (where suitable) so they are able to provide support and signpost others within their communities to the help they might need.</p>	PH Development Manager	
	<p><b>Whole School Approach Audit Tool</b></p> <p>BwD Public Health team is working in partnership with local partners including Educational Psychology and the Mental Health Support Teams (supported by the Anna Freud Link Programme) to develop a shared action plan to support the mental health and wellbeing of children and young people.</p> <p>As part of this work, a self-assessment audit tool, based on 8 core principles, is being developed for schools and settings working with CYP in order to identify areas of need and to develop meaningful action plans.</p> <p>The use of data in reporting outcomes for CYP across the system is a key area of focus for which a working party is currently being established.</p>	Charlotte Pickles PH Development Manager	June 2022
	<p><b>School Health Needs Assessment</b></p> <p>In BwD, parents of reception pupils, Y6 and Y9 pupils are asked to complete an online questionnaire about a range of health related issues. The School Health Needs Assessment provides a rich data set for health professionals, for schools and for public health. There are a number of questions directly related to mental health and wellbeing and the results enable our partner services to follow up directly with pupils, to inform school development plans and to influence local commissioning directly related to identified need.</p>	Charlotte Pickles PH Development Manager	Jan 2023



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	We intend to use this rich data-source more effectively, engaging with the ideas of children and young people themselves as we strive to address the emerging trends and needs.		
Domain	Proposed actions	Lead	Timeframe
<b>2. Working together Prompts</b> <ul style="list-style-type: none"> <li>▪ <i>Are you collaborating with other organisations (e.g.: local employers, voluntary sector, other public sector - e.g.: NHS/local authorities, emergency services?)</i></li> <li>▪ <i>Are you working collaboratively</i></li> </ul>	<p>Around the Mental Health and Wellbeing and Suicide Prevention agenda, Blackburn with Darwen's Public Health team works collaboratively with many organisations as they understand this is the best way to make use of our collective resources.</p> <p>Maintaining relationships with key organisations that are situated in BwD is integral to building a model for MH and wellbeing that is sustainable over the longer term and is inclusive of more than increased workforce capacity (although that is important).</p> <p>We work with both internal and external partners on the following ongoing pieces of work:</p> <ul style="list-style-type: none"> <li>• <b>Better Mental Health Grant</b> – Delivery of these projects are all by external partners. (Papyrus, Re-Aligned Futures, Lancashire Mind, Shelter.) Projects will be brought together to form an alliance of BMH projects in BwD. Steering Groups have been set up for all three projects.</li> <li>• <b>Mental Wellbeing and Inequalities Framework</b> (mentioned above) - Partners have been brought together to form a steering group to shape and act as a sounding board for the framework. Partners include VCFS partners, local OHID representative, NHS Representatives, CCG, BwD Healthwatch.</li> <li>• <b>Suicide Prevention Strategic Group</b> - Membership of this group includes Public Health Mental Health Leads, Local Councillors, CCG Mental Health Commissioner, Mental Health Representative from the ICS, Partners from</li> </ul>	<p>PH Consultant, PH Specialist working on Mental Health and Suicide Prevention and Frances Riley</p>	<p>Ongoing / Jan 2023</p>



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<p><i>within your or organisation (with other departments/directorates or groups)</i></p> <ul style="list-style-type: none"> <li>▪ <i>Are you working with a diverse range of communities (eg: Black Asian and minority ethnic groups, LGBT plus, those with long-term health conditions/disability), including those with lived</i></li> </ul>	<p>VCFS and representative from Lancs and South Cumbria NHS FT. We ask all our commissioned mental health service providers to sit on this meeting also. This group also contains people with lived experience.</p> <ul style="list-style-type: none"> <li>• <b>Elected Members MH Champions group</b> - This is a network for elected members, in the Lancashire and South Cumbria region, who have identified themselves as local champions of mental health issues. In BwD we have a diverse population with high portion of BAME communities and our elected members represent that diversity, either through their own background or through their knowledge of their local communities.</li> <li>• <b>MH Campaigns Task and Finish Group</b> - This groups brings together commissioned partners and other VCFS organisations around campaigns.</li> <li>• <b>CYP Mental Health and Wellbeing Strategy Group</b> - Mental health and wellbeing has been identified as a key priority by the Children's Partnership Board. There is strong governance regarding this work-stream and a strategic group has been established to drive the actions agreed via the Anna Freud Link Programme. There is good partnership representation from within the council, across public health, children's services, education and adolescent services and the third sector.</li> </ul> <p><b>Proposed actions:</b> While all these groups are made up of a diverse range of people and/or organisations representing the interests of diverse groups of people, it is important to continually monitor whether they are representative of the diverse communities we</p>		
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<p><i>experience of mental ill-health?</i></p>	<p>have in BwD and those in greatest need. This is an ever changing picture and we need to take time to make sure this is the case. We also need to consider whether there are relevant representatives across all the protective characteristics and life courses.</p> <p>In particular we need to consider having better representation from Black, Asian and minority ethnic groups, LGBT plus, those with long-term health conditions/disability, and those with lived experience of mental ill-health, as covid has had a disproportional effect on these communities.</p> <p>We will need to identify the barriers felt by partners representing those groups and work with them to work, communicate and share resources differently in order to consult and involve those groups within these pieces of work.</p>		
Domain	Proposed actions	Lead	Timeframe
<p><b>3 (a). Taking action on prevention/promotion of mental health Prompts</b></p> <ul style="list-style-type: none"> <li>▪ <i>Are you planning on delivering both universal</i></li> </ul>	<p><b>Across Blackburn with Darwen the Public health Team commission a range of targeted and universal projects to take action on prevention/promotion of mental health.</b></p> <p>The <b>Flourishing Minds Project</b> will deliver the following mental health services to 16+ residents in BwD:</p> <ul style="list-style-type: none"> <li>• <b>Wellbeing Workshops</b> (One off workshops on topics including Five Ways to Wellbeing and stress management.)</li> <li>• <b>Wellbeing Groups</b> (Completed over 6 weeks, covering topics such as low mood, anxiety, stress, sleep and worry management.)</li> </ul>	<p>Lancashire Mind</p>	<p>Commissioned until 31/03/23</p>



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<p><i>interventions (i.e. population wide) and targeted interventions (i.e. to those at greater risk/vulnerable groups as well as those with existing mental health problems)?</i></p> <p>▪ <i>Are you taking action across the life-course (i.e. children and young people, working age</i></p>	<ul style="list-style-type: none"> <li>• <b>1-to-1 Wellbeing Coaching</b> (Work with a Wellbeing Coach over 6 sessions, to identify the challenges you are facing and look at ways to overcome them.) (This is universal intervention covering Live Well and Age Well populations.)</li> </ul> <p>This project will continue to be monitored to ensure that it is meeting targets and being impactful for those it helps. See monitoring spreadsheet for further detail. Last year of funding will start in April '23.</p>		
	<p><b>Togetherall</b> is available to anyone over 16+ It is FREE, 24/7, anonymous, online service providing mental health and wellbeing support. (This is a universal intervention covering Live Well and Age Well populations.) This service is available for all staff within Blackburn with Darwen Council and is promoted by the Council's Employee Wellbeing Group. This is currently funded to 31<sup>st</sup> March 2023.</p>	Togetherall	Current License until 31/03/23
	<p><b>Kooth</b> online wellbeing community, is free, safe and anonymous support for young people ages 10-25* (19-25 for additional needs) (This is a universal intervention covering Start Well populations.) This service is promoted through most of the secondary schools and colleges within Blackburn with Darwen, as a support service for pupils. This is currently funded to 31st March 2023. Funding is split between PH and CCG.</p>	Kooth	Current License until 31/03/23



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<p><i>adults, older people)</i></p> <ul style="list-style-type: none"> <li>▪ <i>Are you taking action on the social determinants of mental health (employment, education, housing/homelessness, poverty, debt, etc)</i></li> <li>▪ <i>How will you promote and protect good mental wellbeing in settings such as schools and workplaces, including your</i></li> </ul>	<p>The <b>Adult Learning Team</b> at Blackburn with Darwen Council will continue to deliver fully funded training places on a range of wellbeing courses including mental health, to anyone 18+. (This is universal intervention covering Live Well and Age Well populations.) In the next 12 months they will also be targeting workplaces and are starting with CHUBB a local organisation by providing their workplace with MHFA training.</p> <p>This is contracted by a SLA between departments of the Council. This contract needs to be renewed annually.</p>	Karen Wignall	Commissioned until 31/03/23
	<p>The <b>Men in Sheds</b> programme, provided by Blackburn Rover Community Trust, will continue to provide weekly <b>support for men</b>.</p> <p>(This is a targeted intervention covering Live Well and Age Well populations. It takes action on the wider determinants of health, as well as providing mental health interventions.)</p> <p>This is commissioned by PH and is matched funded by Blackburn Rovers Community Football Trust. This contract needs to be renewed annually.</p>	Blackburn Rover Community Trust	Commissioned until 31/03/23
	<p><b>Re-Align Futures CIC</b> will continue to deliver fully funded training on a range of mental health topics – from awareness raising sessions through to accredited training courses on mental health and suicide intervention. (MHFA &amp;ASIST)</p> <p>(This is universal intervention covering Live Well and Age Well populations.)</p>	Re-Align Futures CIC	Commissioned until 31/03/23



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<i>own staff's wellbeing?</i>	<p>This project will continue to be monitored to ensure that it is meeting targets and being impactful for those it trains. See monitoring spreadsheet for further detail. Last year of funding will start in April '23.</p>		
	<p><b>Whole School Suicide Prevention Approach</b></p> <p>This prevention project will continue to be delivered in the 14 Secondary Schools in BwD is delivered by national suicide prevention charity Papyrus. The project will target young people in Years 7 – 11, aged 12 to 16.</p> <p>(This is a targeted intervention covering Start Well populations)</p> <p>This project is funded by Better Mental Health Grant and will continue to be monitored through the life of the project. See monitoring spreadsheet. Need to consider the legacy of this project and how will continue to support schools after May 2022.</p>	Papyrus	Commissioned until 9 <sup>th</sup> May 2022
	<p><b>Wellbeing Champions in Community Settings.</b></p> <p>Prevention project delivered by Re-Align Futures will continue to target young people aged 12 – 18 through Community Settings.</p> <p>(This is a targeted intervention covering Start Well populations)</p> <p>This project is funded by Better Mental Health Grant and will continue to be monitored through the life of the project. See monitoring spreadsheet. Need to consider the legacy of this project and how will continue to support the Wellbeing Champions after May 2022.</p>	Re-Align Futures CIC	Commissioned until 9 <sup>th</sup> May 2022



	<p><b>Wellbeing Champions in School Settings.</b> This prevention project delivered by Re-Align Futures will continue to target young people aged 12 – 18 in school settings.</p> <p>(This is a targeted intervention covering Start Well populations)</p> <p>This project was commissioned by the Public Health Team, as a one-off funded project through a business case. Need to consider the legacy of this project and how we will continue to support the Wellbeing Champions after March 2022.</p>	Re-Align Futures CIC	Commissioned until 31/3/22
	<p><b>Healthy Minds, Safe Homes</b></p> <p>Prevention project delivered through the co-location of a mental wellbeing coach from Lancashire Mind with Shelter who deliver services that fall under the remit of the wider determinants of health such as debt advice, welfare, housing support. The project will target young adults aged 16 – 35.</p> <p>(This is a targeted intervention covering Start Well and Live Well populations. It takes action on the wider determinants of health, as well as providing mental health interventions.)</p> <p>This project is funded by Better Mental Health Grant and will continue to be monitored through the life of the project. See monitoring spreadsheet. Need to consider the legacy of this project and how we will continue to support the wider determinants of health after May 2022.</p>	Shelter and Lancashire Mind	Commissioned until 9th May 2022



	<p><b>Connect 5 Train the Trainer Programme.</b></p> <p>To create a legacy from 2021's 5 Ways to Wellbeing Campaign we have commissioned Re-Aligned Futures to deliver a train the trainer programme for Connect 5. This project will continue in its aim to train 12 people up as trainers in BwD. These people will be chosen across Start Well, Live Well and Age Well organisations to ensure we have representation from all those age groups.</p> <p>This project was commissioned by the Public Health Team, as a one-off funded project through a business case. Need to consider the legacy of this project and how we will continue to support the newly trained Connect 5 Trainers after March 2022.</p>	Re-Align Futures CIC	Commissioned until 31/3/22
	<p><b>Bereavement and Loss Training Courses for Professionals across BwD.</b></p> <p>Following our work to provide a bereavement support document for frontline staff in BwD, raising awareness of the impact of grief, the Public Health Team have commissioned <a href="#">Cruse</a> to deliver a series of Loss and Bereavement Training courses for staff working in Blackburn with Darwen.</p> <p>(This is a targeted intervention covering Start Well, Live well, and Age Well populations. It takes action on the wider determinants of health, as well as providing mental health interventions.)</p>	CRUSE	Commissioned until 31/3/22



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	<p>This training will build capacity within different workforces across the borough to provide support and signposting to those impacted by grief. This could be a member of the public, or a friend or colleague within the workplace.</p> <p>This project was commissioned by the Public Health Team, as a one-off funded project through a business case.</p>		
Domain	Proposed actions	Lead	Timeframe
<p><b>3 (b). Taking action to reduce mental health inequalities Prompts</b></p> <ul style="list-style-type: none"> <li><i>What steps are you taking to address the social and economic disadvantages that underlie mental health inequalities?</i></li> <li><i>What steps are you taking</i></li> </ul>	<p><b>Mental Health and Inequalities Framework</b></p> <p>The aim of the Wellbeing and Inequalities Framework will be to address inequalities by providing a guide for policy makers and council workers to ensure equity of services and resources to reach an equal 'high standard' outcome for all residents.</p> <p>The framework will highlight the prevalence of the characteristics of the people with the lowest levels of mental wellbeing in BWD based on national evidence, (<a href="https://whatworkswellbeing.org/">https://whatworkswellbeing.org/</a>) and consider protective characteristics.</p> <p>We have brought together a Steering Group made up of local partners to shape this framework and ensure that we are addressing the social and economic disadvantages in Blackburn With Darwen.</p> <p>This group will ensure that we will deliver this framework</p> <p>Once completed we will use the framework to take interventions into community settings and neighbourhoods where we know the most at risk people live. We will identify and target</p>	<p>PH Specialist working on Mental Health and Suicide Prevention (not in post currently) and Frances Riley, PH Development Manager</p>	<p>Dec 2022</p>



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<p><i>to address discrimination, racism and exclusion faced by particular local communities?</i></p> <ul style="list-style-type: none"> <li>▪ <i>How are you addressing mental health stigma?</i></li> </ul>	<p>individuals and families via a population health management approach using various data sources eg. council data (eg. council tax arrears, benefit claimants, etc)</p>		
	<p><b>Public Health Mental Health Campaigns Group</b></p> <p>We use this Campaign Group to raise awareness and reduce stigma around mental health, using the national calendar of public health campaigns. We bring partners together to share knowledge and resources with each other. Partners work with diverse groups and communities within BwD. We ensure we have representation in the group of organisations that work with the differing communities.</p> <p>Currently our campaign resources aren't targeted at particular communities, they represent a universal approach but this is something we would like to address to ensure we are providing an equitable offer.</p>	<p>Frances Riley PH Development Manager</p>	<p>Dec 2022</p>
	<p><b>Connect 5</b></p> <p>Connect 5 is a mental health promotion training programme, for frontline staff. Evaluation has shown it increases the confidence and core skills of staff so they are more effective in having conversations about mental health and well-being with their communities. The Train the Trainer Programme of Connect 5 is for VCFS organisations that want to train their own staff members, volunteers and champions and embed that good practise within their own workplace.</p> <p>This Training will:</p>	<p>Re-Align Futures CIC</p>	<p>July 2022</p>



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	<ul style="list-style-type: none"> <li>Upskill participants knowledge of mental health and training ability, so they are able to deliver this training</li> <li>Widen the reach of our current mental health training delivery, so it is accessible to the most vulnerable groups</li> <li>Create a legacy from this year's 5 Ways to Wellbeing Campaign (Connect 5 being the official 5 Ways training programme.) 24 people have signed up to attend the awareness sessions, (being delivered April '21) as part of the plan to embed the campaign within partner organisations.</li> </ul> <p>We will use this training to create an informed and supportive community and improve community's resilience and mental well-being through positive change.</p>		
Domain	Proposed actions	Lead	Timeframe
<p><b>4. Defining success/measuring outcomes</b></p> <p><b>Prompts</b></p> <ul style="list-style-type: none"> <li><i>What is the impact you are looking to measure?</i></li> <li><i>What are your agreed outcomes?</i></li> </ul>	 <p>Project Measurements.xlsx</p> <p>Please see embedded document.</p> <p>All our Commissioned services, have a quarterly contract meetings with the Public Health Team of Blackburn With Darwen. These will be scheduled throughout the course of the contract where performance targets will be monitored and any service improvement requirements will be discussed.</p>	<p>PH Specialist working on Mental Health and Suicide Prevention (not in post currently) and Frances Riley, PH Development Manager</p>	<p>On going.</p>







Public Health  
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For further information please contact [publicmentalhealth@phe.gov.uk](mailto:publicmentalhealth@phe.gov.uk)



## Section 3 - Senior leadership/CEO sign off

Please let us know if you would like to be contacted to provide short statements on your progress to use in communication pieces, such as bulletins, social media, etc.

<p><b>Is your organisation/ partnership happy to provide key impact headlines or quotes when contacted related to your Prevention Concordat Commitment?</b></p> <p>Yes <input checked="" type="checkbox"/>      No <input type="checkbox"/></p> <p><i>The purpose of this information is from promotion purposes, to support us to inspire others and share good practice.</i></p>	
<p><b>Upload Senior leader/CEO signature and organisation logo.</b></p> <p><i>If you are signing up on behalf of a partnership, please include signatures and logos from all the organisations</i></p>	<p>Our Prevention Concordat has yet to be formally signed off by our Health and Wellbeing Board.</p> <p>We have presented the Prevention Concordat to our Health and Wellbeing Board at a Mental Wellbeing Development Session on 26<sup>th</sup> January. We are an agenda item on their next meeting on the 15<sup>th</sup> March to get the formal sign off.</p>

Please attach any additional documents that you may want to share to support your commitments, e.g. strategies, plans project outlines. For example, your health and wellbeing strategy.