

**PEOPLE'S OVERVIEW & SCRUTINY COMMITTEE**  
**MONDAY 3<sup>rd</sup> SEPTEMBER 2018**

**PRESENT** - *Councillors: Liddle (in the Chair), Casey, Whittle, Slater, Mahmood, A., Akhtar P, Sidat, and Oates.*

**ALSO IN ATTENDANCE** – *Councillor Maureen Bateson, Councillor Brian Taylor, Jayne Ivory, Dominic Harrison, Robert Arrowsmith, Beth Speak and Paul Conlon*

**1. Welcome and Apologies**

Following introductions the Chair welcomed Members to the meeting. Apologies for absence were submitted on behalf of Councillors Afzal, Smith, Daley and Ellie Walsh, Youth MP. The Chair also welcomed the new Director of Children's Services, Jayne Ivory to her first meeting of the Committee.

**2. Declarations of Interest**

There were no declarations of interest received.

**3. Minutes of the meeting held on 11<sup>th</sup> June 2018**

**RESOLVED-**

That the Minutes of the meeting held on 11<sup>th</sup> June 2018 be approved as a correct record and signed by the Chair.

**4. Young People and Mental Health**

The Committee received a number of documents as background to their work. These documents were

- The Report of the Mental Health Policy Commission-Investing in a Resilient Generation.
- Integrated Strategic Needs Assessment, Children and Young People's Emotional Health and wellbeing.
- Bee Yourself- CYP Emotional Health Briefing Paper.

Members of the Committee met as a task group on 24<sup>th</sup> July and 28<sup>th</sup> August to look at the issues affecting the mental health of young people and children and had received information on the work that was ongoing in the borough. The group looked at how this sought to tackle the issue and improve the outcomes for children and young people in the borough.

The Committee were updated on the work ongoing and the research and proposals put forward by the University of Birmingham. The main findings of the report recommended early intervention and preventative measures which resulted in better outcomes for those with mental health issues, especially Young people. The issues that were being faced at the moment, especially resource issues was emphasised and that there was a real issue for all of those working in that field. It was suggested that there was a need for a holistic report setting out the key issues. The idea that prevention will pay for itself overtime had to be tempered by the fact that we needed to ensure that money was being spent now to treat people. Mental Health Issues that people faced when young would be with them for life if not treated.

The difficulty in doing things in isolation was stressed and that the authority could not do this on their own. Partners needed to talk to each other and ensure that what is delivered works and is built upon. The Task and Finish Group would look at the work that was being undertaken and the services available. The members will also look at the work that is ongoing in schools to ensure good mental health including Mental Health First Aid training and a whole family approach. The group will also seek to ensure that there is no duplication and that service providers are working together to meet the needs of service users. The next meeting of the task group would take place on 8<sup>th</sup> October. The Group would also seek to address the services that are being provided at present which seek to meet the need and how this measure up to the recommendations in the Mental Health Policy commission. The Committee will also seek to call to account the health service providers based on the benefits of early interventions highlighted in the Policy Study.

The Committee will then look at how they could influence the bodies who could implement the recommendations which will lead to improved outcomes for service users.

#### **RESOLVED-**

1. That the progress of the task group be noted.
- 2 That the Director of Public Health be thanked for his presentation.
3. That the task group look at the services currently being provided to address the issue of Mental Health and Young People's Mental Health in particular.
4. That the Task Group look at how the work that is being undertaken in the borough measures up to the interventions highlighted in the Mental Health Policy Commissions report and where necessary looks at how we can seek to do this.

**5. Ofsted Action Plan Progress.**

The Committee continued their work with the Executive Member for Children’s Services to ensure that the recommendations relating to the Ofsted review of Children’s Services were addressed and actions taken where necessary. The Committee received information from the Director of Children’s Services and the Executive Member on the ongoing work and progress to date. The Committee will be kept informed of progress on a regular basis.

**RESOLVED** –that the update be noted.

**6. Next Meeting of the Committee.**

The Chair informed the Committee that she would invite the independent Chair of the Safeguarding Board to the next meeting of the Committee to look at the OFSTED recommendation relating to Safeguarding and progress. Further reports back on the work of the task group would also be made to the meeting.

**RESOLVED-** that the work programme for the next Committee be noted.

Signed.....

Chair of the meeting at which the Minutes were signed

Date.....