

**BLACKBURN WITH DARWEN HEALTH AND WELLBEING BOARD
MINUTES OF A MEETING HELD ON TUESDAY, 5TH MARCH 2019**

PRESENT:

Councillors	Mohammed Khan (Chair)
	Maureen Bateson
	Brian Taylor
Clinical Commissioning Group (CCG)	Roger Parr
	Julie Higgins
Lay Members	Joe Slater
Voluntary Sector	Vicky Shepherd
Council	Dominic Harrison
	Jayne Ivory
	Kerry Riley
	Sayyed Osman
	Laura Wharton
Healthwatch	Abdul Mulla
Council Officers	Firoza Hafeji
	Riaz Osman
CCG Officers	Dr Penny Morris
Midland and Lancashire Commissioning Support Unit	Nicola Feeney

1. Welcome and Apologies

The Chair welcomed everyone to the meeting. Apologies were received on behalf of Cllr John Slater and Angela Allen.

2. Minutes of the meeting held on 11th December 2018

RESOLVED – That the minutes of the last meeting held on 11th December 2018 were agreed as an accurate record and were duly signed by the Chair.

3. Declarations of Interest

Cllr Brian Taylor outlined his interest in item 10 on the agenda, “Special Educational Needs and Disabilities Stocktake”.

4. Public Questions

The Chair informed the Board that no public questions had been received.

5. PAN Lancashire Health and Wellbeing Board

The Director of Public Health, Dominic Harrison, gave a verbal update on the PAN Lancashire Health and Wellbeing Board. It was noted that there would be a single Health and Wellbeing Board for Lancashire with five local area Health and Wellbeing partnerships reflecting the local area health economies across Lancashire. Concerns were addressed from Members present and Dominic explained that further clarification would be brought to a future Health & Wellbeing Board meeting.

RESOLVED - That the Director of Public Health, Dominic Harrison, to present an update report to a future Health & Wellbeing Board meeting.

6. Eat Well, Move More, Shape up Annual Update

The Director of Public Health, Dominic Harrison, summarised the Eat Well Move More Shape up Strategy Year 2 Report which had been previously circulated with the agenda.

Dominic highlighted that the purpose of the report was:

- To update on the progress made against the Eat Well Move More Shape Up strategic action plan during the second year of delivery.
- To inform the Health & Wellbeing Board about the key priorities and opportunities for year three.
- To highlight key issues impacting on effective delivery of the action plan in year three.

The Health and Wellbeing Board members were recommended to:

- Note the contents of the report.
- Note that physical inactivity and unhealthy weight remains a significant public health issue requiring ongoing senior level leadership and commitment to increasing physical activity levels, improving access to healthy and sustainable food and encouraging self-care from council, partners and stakeholders.
- Note the progress made to date by all partners and the key issues impacting on effective delivery of the action plan.
- Note the priorities and opportunities for Year 3 of the Eat Well Move More Shape Up Strategy.

The Board were updated on some recent progress as:

- The Pennine Lancashire has been chosen by Sport England as one of 12 pilot areas to work on a bold new approach to build healthier, more active communities across England. Blackburn with Darwen has been given the responsibility to manage the £10 million budget.
- The Childhood Obesity Trailblazer had their first meeting in February 2019 to look at ways to tackle unhealthy weight across Pennine Lancashire. One of the areas that drive obesity was identified as fast food and

takeaways.

The Board heard that the Refresh scheme had started offering more services from Community Centres rather than just leisure centres which has been more popular.

The Board were invited to a Healthy Weight Summit event, scheduled on 13th March 2019 at Blackburn Rovers at 9.30am – 4.00pm.

The Board thanked Dominic Harrison for the information.

RESOLVED - That the Health and Wellbeing Board noted the recommendations.

7. Joint Commissioning and Better Care Fund Update

The Director of Adult Services, Neighbourhoods and Community Protection, Sayyed Osman, summarised the Better Care Fund Update report which had been previously circulated with the agenda.

Sayyed highlighted that the purpose of the report was to:

- Provide Health and Wellbeing Board members with an overview of Better Care Fund performance reporting for Q3 2018/19
- Provide HWBB members with the BCF and iBCF Finance position at Q3 2018/19

The Health and Wellbeing Board members were recommended to:

- Note the BCF Q3 2018/19 finance position
- Note the BCF Q3 2018/19 performance metrics
- Note the feedback from the National BCF Team Local Learning Visit
- Note that due to the timing of the national returns and data reporting processes, the metrics described within this report related to data up to November 2018 of Q3.

The Board heard that the CCG minimum pooled budget requirement for 2018/19 was £11,381,000. The DCLG have confirmed the DFG capital allocation for 2018/19 at £1,739,476.

Sayyed highlighted the challenges as:

- **Reduction in non-elective admissions** – There has been an increase (+20.8%) in emergency admissions during 2018/19 due to the intentional change in patient pathways affecting the ‘zero day admissions’ and activity through the Respiratory Assessment Unit (RAU) and Ambulatory and Emergency Care Unit (AECU).
- **Reablement** – Supporting residents with increasingly complex needs on the rehab programme presents a challenge around maintaining outcomes across a wider cohort of residents with increasingly complex needs.
- **Delayed Transfers of Care (DToC)** – Performance against target for Q3 2018/19 DToC was not on track and had lifted the total reported planned levels above plan. The increase in delayed transfers of care days reported was due to both NHS and social care delays. However, the cumulative position was showing a reduction in delayed days in

comparison to the previous quarter. A series of improvement meetings are continuing to seek to address the current increase in demand and delays. Ensuring there was sufficient capacity to support peaks to get people fit to be discharged from hospital.

In response to questions raised by the Group, Sayyed explained that there was minimum risk of receiving penalties as the NHS England targets had been met. It was noted that BwD had a transparent and open relationship with NHS.

The Chair thanked Sayyed Osman for the information.

RESOLVED - That the Health and Wellbeing Board noted the recommendations.

8. NHS Long Term Plan (CCG)

Roger Parr, Deputy Chief Executive/Chief Finance Officer and Dr Julie Higgins, Joint Chief Officer shared a presentation on NHS Long Term Plan (LTP).

The Board heard that the LTP was published in January 2019 with the overall aim to make the NHS fit for the future. The Board noted the 7 chapters which included:

1. A new service model for the 21st Century
2. More NHS action on prevention and health inequalities
3. Further progress on care quality and outcomes
4. NHS staff will get the backing they need
5. Digitally enabled care will go mainstream across the NHS
6. Taxpayers' investment will be used to maximum effect
7. Next steps

Roger summarised each chapter in detail and the Board noted the Neighbourhood priorities for East, West, North and Darwen.

Dominic summarised by stating that analysing the age range data highlighted that the highest expenditure was in the category of 45 – 65 year olds.

The Chair thanked Roger and Julie for the detailed presentation.

9. Asylum Seekers Refugee Needs Assessment

The Chair welcomed Dominic Harrison, Director of Public Health, and Kerry Riley, Public Health Development Manager to present the Asylum Seekers and Refugees Health Needs Assessment Report.

Dominic summarised the report and recommended that members of the Board:

- Note the recommendations made within the report
- Consider the way in which the recommendations may be used to inform and improve the health and wellbeing of asylum seekers and refugees in Blackburn with Darwen.

The Group heard that people seeking asylum and refugees were among some of the most vulnerable groups in society. Before arriving in the UK, they may have

experienced violence, war, torture and may have been separated from, or even lost family members and friends. Almost universally, people seeking asylum will have experienced dangerous and difficult journeys to escape to safety. They frequently will have been separated from families and friends and may be bereaved. Arriving in an unfamiliar country, where they perhaps find it difficult to communicate and navigate the complex legal processes can be disorientating and disheartening.

Dominic highlighted that there were up to 350 Asylum seekers in the town at any one time and an undetermined number of refugees.

Kerry shared a presentation with the Board summarising the Asylum Seekers Health Needs Assessment highlighting the recommendations and actions so far.

The Group heard that the first Health Needs Assessment was carried out in BwD conducted in early 2018 by Dr Wendy Shepherd.

The vulnerabilities were shared as:

- Isolation
- Language
- Mental Health – PTSD
- ACE's – conflict, poverty, victims of abuse
- Exploitation – employment, private landlords, traffickers
- Substance misuse

The findings from the assessment were noted as:

- Mental Health
- Malnutrition and other dietary associated conditions
- Infectious disease risks
- Incomplete vaccinations/unknown status
- Dental health issues
- Exacerbation chronic health conditions
- Lack of awareness from primary care and dental services on the needs, rights and barriers faced by ASR
- Communication difficulties – lack of translation services
- Female Genital Mutilation
- Victims of abuse rape, modern slavery and trafficking

The Group noted the recommendations as:

Mental Health

- Materials required in community languages.
- Trained mental health professionals facilitating support groups locally to break down barriers/stigma.

Physical Health

- Explore possibilities of specialist services of healthcare professionals.
- Possibilities of one lead GP practice in Blackburn and one in Darwen for ASR.
- Ensure all GP's using the PHE migrant checklist at first GP appointment.
- Dentist to have and use Language line rather than relying on ASR bringing

- own interpreters.
- Prepare ASR on future planning for appointments and what to expect.

General Recommendations

- Training required for administration and front line health staff (GP's Dentists and Hospital) on the needs and rights of ASR.
- Translation services must be used by services and not encourage ASR's to use family or friends.
- Written communication to patients should be in native tongue.
- Targeted services for promoting healthy lifestyles should be used more e.g. Re Fresh.
- Development and support needs to enhance community volunteer schemes for ASR's and also peer ASR support programmes.
- Education for adults
- Five ways of wellbeing to be facilitated within this community.

The Board noted that language line used by Health professionals was paid by CCG.

The Chair thanked Dominic and Kerry for the detailed report and presentation.

RESOLVED - That the Health and Wellbeing Board noted the recommendations.

10. SEND Stocktake event feedback

The Chair invited the Director of Children's Services and Education, Jayne Ivory, to present the SEND Stocktake event feedback report.

The Board were provided with an update on the findings of the SEND Stocktake event which took place in November 2018. Thirty-five partner colleagues from the range of health services, the CCG, schools, Children's Services, Adult Services and parent/carer representatives attended the event which was co-hosted by Jayne Ivory, Director of Children's Services and Iain Fletcher, Head of Corporate Business at NHS Blackburn with Darwen CCG.

Recommendations were shared as:

- That the Strategy implementation action plan is updated to include new actions identified through the workshops
- That a review of the membership of each of the key decision making groups (Implementation Group, SEND Board and Joint Commissioning Group is reviewed to ensure the best possible representation and that there are clear communications from these meetings that are circulated).
- To review the terms of reference of each meeting and share new refreshed documents with wider partners.
- That a series of SEND strategy briefing sessions are planned to share the strategy, action plan and the governance structure.

RESOLVED - That the Health and Wellbeing Board noted and endorsed the content of the report and identified key actions.

The Chair reminded the Board that the date and time of the next Health and Wellbeing Board meeting was scheduled for 18th June 2019 at 5.30pm.

Signed.....

Chair of the meeting at which the Minutes were signed

Date.....